


HEARTWOOD
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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LUNCH	Herb Roasted Pork Loin (V) Veggie Strata Baked Salmon Rotisserie Chicken Sweet Potato Casserole Ratatouille Chef Salad (D) Peach Streusel Tart	Spinach Salad Grilled Shrimp, Feta, Tomato & Oranges (V) Roasted Vegetable & Goat Cheese Crepes (S) Black Bean Cucumber Salad Fruit	Chicken Sandwich with Arugula, Tomato & Pesto (V) Spaghetti Squash Puttanesca (S)(V) Mushroom Bisque Chickpea Salad Fruit	French Dip Roast Beef with Swiss Cheese on a Hoagie Roll (V) Spiced Quinoa & Chickpea Sliders (S)(V) Potato and Leek Bistro Chips Fruit	Crab Cake Sandwich On Brioche (V) Sweet Potato, Kale & Goat Cheese Strudel (S) Manhattan Seafood Chowder Vinegar Coleslaw Fruit	Monte Cristo (V) Grilled Portobello with Wilted Greens & Tomato (S) Italian Wedding Antipasto Salad Fruit	Meatball Sub (V) Hummus, Cucumber and Roasted Red Pepper Wrap (S) Gumbo Carrot & Raisin Salad Fruit
DINNER	Chicken with Apricot & Prunes (V) Roasted Red Pepper Asparagus & Feta Cheese Quiche Baked Salmon Brown Butter, Capers & Tomato Rotisserie Chicken Wild Rice Roasted Beets Tomato and Mozzarella (D) Lemon Cream Cake	Lamb Stew (V) Wild Mushroom Ravioli Boursin Herb & Cream Sauce Baked Salmon Brown Butter, Capers & Tomato Rotisserie Chicken Barley Butternut Squash Spinach Salad Feta, Tomato and Orange (D) Peach Streusel Tart	Cajun Blackened Catfish (V) Vegetable Ragout with Parmesan Risotto Baked Salmon Brown Butter, Capers & Tomatoes Rotisserie Chicken Couscous Roasted Root Vegetables Assorted Field Greens Grilled chicken, Cranberries, Apples and Almonds (D) Caramel Pretzel Brownie	Grilled Pork chop (V) Crispy Tofu with Beans, Kale & Tomato Baked Salmon Brown Butter, Capers & Tomatoes Rotisserie Chicken Parslied Potato Green Beans Taco Salad (D) Dark Chocolate Cake	Beef & Broccoli (V) Vegetable & Lo Mein Baked Salmon Brown Butter, Capers & Tomatoes Rotisserie Chicken Jasmine Rice Egg Rolls Thai Chicken Salad (D) Banana Nut Trifle	Stuffed Flounder (V) Couscous Bell Pepper Baked Salmon Brown Butter, Capers & Tomatoes Rotisserie Chicken Sautéed Leeks & Tomatoes Grits Greek Salad (D) Cookie Duo – Chocolate & Sugar	